



Family Weekend Program Schedule

Thursday —

5:30 – 8:00 PM Welcome dinner for Family Program
Participants, Jaywalker Lodge clients and staff
At Jaywalker Lodge (811 Main Court)

Friday —

8:00 AM Continental Breakfast
8:45-9:45 AM Morning Meditation-Ginny Bahr, Counselor
10:00-10:45 AM 12 Steps-Keeping it Simple
11:00- 12:00 PM Helping Vs. Enabling Discussion
12:15-1:15 PM LUNCH
1:30-5:00 PM Group Family Therapy –Split Sessions
6:30 - 7:30 PM AA Speaker Meeting at the Main Lodge

Saturday —

8:00AM Continental Breakfast
8:30 AM –10:00AM Family Communication Group-“ Resentment, Regret
& Appreciation”, immediately followed by Saturday Activity
10:30 AM- 4:00PM Outdoor activity hosted by Expedition Director, Lynn Sanson or
Free Time
6:00 PM Al-anon Group Meeting
Evening Dinner on your own

Sunday —

8:30-10:00 AM Morning Closure Group-Lois Porcelain/ Kim Nuzzo
10:00-11:00 AM Sunday Brunch

Individual Family Counseling Sessions will be provided by the counselors Saturday and Sunday, according to the counselor's schedules.